



BONDS Restaurant

26 Main Road, Onchan, IM2 1AP Tel: 266491/466316 bondsiom@gmail.com

ANY 3 COURSES £35

Starters

BONDS Soup of the Day/toast (V)

Beetroot and Fig Salad

Goats cheese cream/honey orange emulsion/wild rocket tapioca crisp (GF, V))

Salt & Pepper Calamari

Chipotle mayonnaise/spring onion/lemon wedge (GF)

Sweet Potato Rosti

Celeriac puree/apple & kale salad/crispy capers (GF, Vegan)

Mains

Fish of the Day

Potato/confit fennel/garlic emulsion (GF)

Confit Chicken thigh

Savoy / sauté carrot/potato hash/tarragon jus (GF)

Marinated BBQ broccoli

Spinach/prune purée/peanut salsa/charred lime/crispy polenta (GF, Vegan)

Desserts

Malva Pudding

Homemade anglaise or ice cream (V)

Rocky road Sundae

Chocolate ice cream/marshmallow/nuts/honeycomb (GF, V)

Affogato

Vanilla ice cream “drowned” with a shot of espresso, a (V, GF)

If you have any dietary requirements or are concerned about food allergies, e.g. nuts, gluten, lactose you are invited to ask one of our servers for assistance when selecting menu items

Note: A discretionary service charge of 10% will be added to the bill on all tables of 5 and over