



BONDS Restaurant

26 Main Road, Onchan, IM2 1AP Tel: 266491/466316
bondsiom@gmail.com

Starters

Soup of the day (V) £7.50

Homemade Fishcake

Fennel salad/caper mayonnaise £9

Manx Queenies

Garlic/white wine/chimichurri crostini (GF available) £11

Salt & Pepper Calamari

Chipotle mayonnaise/spring onion (GF) £9.50

Chinese five spice Duck breast

Pear/white peach/radish/almonds/baby herbs (GF) £9.50

Seared Dukkah crusted Venison loin

Kimchi/pickled mushroom/prune/watercress (GF) (Nuts) £11

Tomato Arancini

Asparagus/porcini emulsion (Vegan) £8

Mains

Pan roast Sirloin Steak

Sautéed mushrooms/peppercorn sauce/onion ash (GF) £25

Pan fried line Fish

New potato/asparagus/tarragon/dill white wine sauce (GF) £23

Confit Duck thigh

Sweet potato fondant/tender stem broccoli/port jus (GF) £22

Duo of Lamb

Minted peas/potato dauphinois/lamb jus (GF) £24

Roast Chicken

Carrot/Chinese cabbage/jus gras (GF) £21

Polenta bowl

Mushroom/carrot hummus/broccoli/chickpea (Vegan) GF) £19

Homemade Falafel & Hummus

Carrot crisps/lamb's lettuce/tahini dressing/bean cassoulet (vegan) £19

All main courses are served with 1 side of your choice

Sides (£4.00)

Pink peppercorn spiced chips
Herb buttered new potatoes
Honey glazed carrots
Roasted chilli broccoli
Roasted butternut
Bonds house salad

Also, please ask about our Daily Specials!

Sweeties**Peanut butter parfait**

Berry compote/pistachio cream/caramelised peanuts/pistachio cream (GF, V) £8

Malva pudding

Crème anglaise/cinnamon ice cream/brandy snap (V) £8

Chocolate sundae

Honeycomb/fudge/salted caramel (GF, V) £8

Summer berry Eton Mess

Fresh berries/berry coulis/mint (GF, V) £8

Coconut Panna Cotta

Compressed pineapple/passion fruit/mango/almond (GF, Vegan) £8

Affogato

Vanilla ice cream “drowned” with a shot of espresso, amaretto (V, GF) £7.50

Ice cream/Sorbet scoops £2.50

KIDS MENU

Starters: Soup or garlic bread £3.50

Mains (served with chips & peas)

Chicken nuggets or sausages £8

If you have any dietary requirements or are concerned about food allergies, e.g. nuts, gluten, lactose you are invited to ask one of our servers for assistance when selecting menu items. (V = Vegetarian, Veg = Vegan, GF = Gluten Free)
Note: A service charge of 10% will be levied for tables of 5 and over.

**Every Sunday we have live music.
We also serve traditional SUNDAY ROAST
Take-away also available!**