



**BONDS Restaurant**

26 Main Road, Onchan, IM2 1AP Tel: 266491/466316

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## Starters

**Soup of the day** (V) £7

**Homemade Fishcake**

Pickled cucumber/lemon mayo/rocket salad £9

**Pan seared Scallops**

Textures of parsnip/pomegranate/curry oil (GF) £11

**Smoked Salmon roulade**

Cream cheese/beetroot ketchup/fennel slaw/tapioca (GF) £9.50

**Chinese five spice Duck breast**

Pear/white peach/radish/almonds/baby herbs (GF) £9

**Seared Dukkah crusted Venison loin**

Kimchi/pickled mushroom/prune/watercress (GF) (Nuts) £11

**Tomato Arancini**

Asparagus/porcini emulsion (Vegan) £8

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## Mains

**Pan roast Sirloin Steak**

Sautéed mushrooms/peppercorn sauce/onion ash (GF) £25

**Pan fried line Fish**

Crushed potato/tomato caper vinaigrette/tender stem broccoli (GF) £22

**Confit Duck thigh**

Bean cassoulet/mange tout/port reduction (GF) £22

**Duo of Lamb**

Minted peas/potato dauphinois/lamb jus (GF) £24

**Roast Chicken**

Carrot/Chinese cabbage/jus gras (GF) £21

**Polenta bowl**

Mushroom/carrot hummus/broccoli/chickpea (Vegan)GF) £18

**Homemade Falafel & Hummus**

Carrot crisps/lamb's lettuce/tahini dressing (vegan) (18)

**All main courses are served with 1 side of your choice**

**Sides (£4.00)**

Pink peppercorn spiced chips  
Herb buttered new potatoes  
Honey glazed carrots  
Roasted chilli broccoli  
Roasted butternut  
Bonds house salad

**Also, please ask about our Daily Specials!**

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**Sweeties****Raspberry & lemon trifle**

Pistachio/dates/Greek yoghurt (GF, V)) 8

**Malva pudding**

Crème anglaise/cinnamon ice cream/brandy snap (V) £8

**Chocolate Sundae**

Honeycomb/fudge/salted caramel (GF, V) £8

**Chocolate torte**

Caramel cream/strawberry & mint salsa (GF, V) £8

**Coconut panna cotta**

Compressed pineapple/passion fruit/mango/almond (GF, Vegan) £8

**Affogato**

Vanilla ice cream "drowned" with a shot of espresso, amaretto (V, GF) £7.50

**Ice cream/Sorbet scoops** £2.50

**KIDS MENU**

**Starters:** Soup or garlic bread £3.50

**Mains** (served with chips & peas)

Chicken nuggets or sausages £8

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If you have any dietary requirements or are concerned about food allergies, e.g. nuts, gluten, lactose you are invited to ask one of our servers for assistance when selecting menu items. (V = Vegetarian, Veg = Vegan, GF = Gluten Free)

Note: A service charge of 10% will be levied for tables of 8 and over.

**We also serve traditional SUNDAY ROAST with  
live Piano music £14.50 Take-away also  
available!**